

2023

UPDATES IN FOOD ALLERGY

# FOOD FOR THOUGHT



FRIDAY, OCTOBER 27, 2023


8 AM - 4 PM

COURTYARD BY MARRIOTT  
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The University of Iowa Roy J. and Lucille A. Carver College of Medicine  
Department of Internal Medicine—Division of Immunology

 **UNIVERSITY OF IOWA**  
CARVER COLLEGE  
OF MEDICINE  
University of Iowa Health Care  
*Department of Internal Medicine*

## GENERAL INFORMATION

### OVERVIEW

Updates in the field of allergy/immunology focused on food allergy as a theme.

### TARGET AUDIENCE

Specialties: Internal Medicine, Pediatrics

Professions: Nurse, Nurse Practitioner, Pharmacist, Physician

## CONTINUING EDUCATION CREDIT



In support of improving patient care, the University of Iowa Roy J. and Lucille A. Carver College of Medicine is jointly accredited by the Accreditation Council for Continuing Medical Education (ACCME), the Accreditation Council for Pharmacy Education (ACPE), and the American Nurses Credentialing Center (ANCC), to provide continuing education for the healthcare team.

**Physician:** The University of Iowa Carver College of Medicine designates this live activity for a maximum of 6.0 AMA PRA Category 1 Credits™. Physicians should claim only the credit commensurate with the extent of their participation in the activity.

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**Nurse:** The University of Iowa Roy J. and Lucille A. Carver College of Medicine designates this activity for a maximum of 6.0 ANCC contact hours.

**Other Provider:** All other participants will receive a certificate of participation for this conference upon completion of the online evaluation. It is the responsibility of each attendee to determine if the continuing education programs they attend meet the requirements of their professional licensure board.

## PRESENTERS

**Amir Abidov, MD**

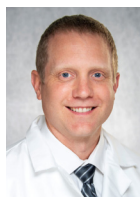
Allergy/Immunology/Rheumatology Fellow  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Diana Bayer, DO**

Clinical Associate Professor of Pediatrics-Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Lauren Bracken, PA-C**

Allergy/Immunology Physician Assistant  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Benjamin Davis, MD, PhD**

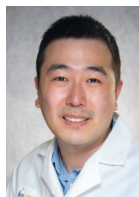
Course co-director  
Interim Director of the Division of Immunology  
Clinical Associate Professor of Internal Medicine-Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Amy Dowden, MD**

Course co-director  
Fellowship Program Director, Allergy/Immunology  
Clinical Professor of Internal Medicine-Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Stephanie Eisenbarth, MD**

Director, Center for Human Immunobiology  
Chief of Allergy and Immunology, Dept of Medicine  
Roy and Elaine Patterson Professor of Medicine  
Professor of Medicine (Allergy and Immunology) and Pathology  
Northwestern University Feinberg School of Medicine

**Alick Feng, MD**

Allergy/Immunology/Rheumatology Fellow  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Brooke Harrison, ARNP, CRNA, DNP**

Allergy/Immunology Nurse Practitioner  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Mackenzie Hines, MD**

Allergy/Immunology Fellow  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

**Sarah Nimri, MD**

Allergy/Immunology Fellow  
Department of Internal Medicine— Division of Immunology  
Roy J. and Lucille A. Carver College of Medicine  
University of Iowa

## AGENDA | UPDATES IN FOOD ALLERGY: FOOD FOR THOUGHT

### 8:00 AM Registration and Breakfast

#### Morning Session

Moderator and Course Director: Benjamin Davis, MD, PhD

#### 8:25 Opening Remarks

Benjamin Davis, MD, PhD

#### 8:30 Keynote: Diagnostic Challenges in Food Allergy

Stephanie Eisenbarth, MD

#### 9:30 Updates in Food Protein Enterocolitis Syndrome

Diana Bayer, DO

#### 10:15 Break

#### 10:30 Progress in Eosinophilic Esophagitis

Benjamin Davis, MD, PhD

#### 11:15 Overview of Oral Allergy Syndrome

Amy Dowden, MD

#### 12:00 PM Concurrent Lunch Sessions

##### A. Practical Aspects of Immunoglobulin Replacement Therapy

Amir Abidov, MD; Brooke Harrison, ARNP, CRNA, DNP; Loren Bracken, PA-C

##### B. Iowa Society of Allergy, Asthma & Immunology Business Meeting and Lunch

#### Afternoon Session

Moderator: Diana Bayer, DO

#### 1:15 Advances in Alpha-gal Allergy

Alick Feng, MD

#### 2:00 Break

#### 2:15 Comparison of Food Oral Immunotherapy and Epicutaneous Immunotherapy

Sarah Nimri, MD

#### 3:00 Interesting Cases

Mackenzie Hines, MD

#### 3:45 Wrap up, evaluations, and ending remarks